



**JUSTYNA
WYDRZNYCKA**
Polen

Retsforfulgt for at kæmpe for
sikre aborter



**AHMED
MANSOOR**

Fønset for at rapportere om
menneskerettighedskrænkelser

SKRIV ET BREV OG GØR EN FORSKEL



ONKEL PABAI & ONKEL PAUL
Australien



Kæmper for at redde
deres forfædres
landområder



**ROCKY
MYERS**
USA

30 år på dødgangen trods
uretfærdig retssag

amnesty.dk/skriv-for-liv



SKRIV FOR LIV



Velkommen til Amnestys Skriv for Liv brevskrivenings-guide. I denne guide finder alle de informationer, du har brug for, for at være med i Skriv for Liv 2023. I år skriver vi for personer fra forskellige steder i verden, som alle har oplevet, at deres menneskerettigheder er blevet krænket. Nogle, af regeringer, andre af politiet og nogle af store virksomheder.

Du er med, fordi du gerne vil gøre en forskel.
Du vil gerne sige fra over for usandheder.
Ligegyldigt, om du skriver med en gruppe venner, klassekammerater, din familie eller alene - så vil de ord, du skriver, ændre liv.

FOR CORRESPONDENCE

FOR ADDRESS ONLY

PLACE
POSTAGE
STAMP
HERE



WRITE FOR RIGHTS

Welcome to Amnesty's Write for Rights letter-writing kit. In it you'll find everything you need to join in with the Write for Rights 2023 campaign. This year the campaign features people from around the world, all of whom are connected because their human rights have been violated. Some by their governments, others by the police, or even by big corporations.

You're here because you want to make a difference. You want to speak truth to power. Whether you do this with a group of friends, classmates, your family or by yourself, the words you write will change lives.



“Jeg er så lettet og takker jer for den fantastiske Skriv for Liv-kampagne. Jeg er evigt taknemmelig. Det er en kæmpe byrde, der er blevet løftet fra mine skuldre. Jeg følte så meget kærlighed og anerkendelse, da jeg læste alle brevene.”

Cecilia Chimbiri fra Zimbabwe

Oppositionsaktivisterne Cecilia Chimbiri, Joanah Mamombe og Netsai Marova blev bortført, tortureret og fængslet efter at have deltaget i en demonstration. De blev anklaget for at ”kommunikere usandheder” og ”hindre retfærdighedens gang”. Efter at de var en del af **Skriv for Liv-Kampagnen 2022**, blev Cecilia og Joanah frifundet af Højesteret den 4. juli 2023.





“I feel so relieved and I thank you for the amazing Write for Rights campaign. I am forever indebted. It is like a huge weight has been lifted off my shoulders. Reading all the letters and cards made me feel so loved and appreciated.”

Cecillia Chimbiti from Zimbabwe

Opposition activists Cecillia Chimbiti, Joanah Mamombe and Netsai Marova were abducted, tortured and imprisoned after attending a protest. They were charged with “communicating falsehoods” and “obstructing the course of justice”. Following their participation in **Write for Rights 2022**, on 4 July 2023 Cecillia and Joanah were acquitted by the High Court.





HVAD ER SKRIV FOR LIV?

Nogle gange kan et brev ændre en persons liv. Det er ideen bag Skriv for Liv, vores globale brev-skrivnings kampagne.

For over to årtier siden besluttede en lille polsk gruppe at lave en 24-timers brevskrivnings maraton på den 10. december - FN's menneskerettighedsdag. Ideen spredte sig og i dag er Skriv for Liv verdens største menneskerettighedsbegivenhed.

Hver november og december skriver medlemmer, aktivister og støtter over hele verden **millioner** af breve, kort, tweets og underskrifter for dem, hvis basale menneskerettigheder er under angreb.

Disse brevskrivere udgør et levende fællesskab af folk som dig, der holder en tradition for at skrive breve, der påtaler verdens største overgreb, i live.





WHAT IS WRITE FOR RIGHTS?

Sometimes a letter can change someone's life. That's the idea behind Write for Rights, our global letter-writing campaign.

Over two decades ago, a small group of activists in Poland decided to run a 24-hour letter-writing marathon for 10 December – Human Rights Day. The idea took off and today, Write for Rights has grown into the world's biggest human rights event.

Every November and December, supporters across the globe write **millions** of letters, cards and tweets, and sign petitions for those whose basic human rights are being attacked.

These supporters form a vibrant community of people like you, continuing a long tradition of writing letters to right some of the world's biggest wrongs.





SÅDAN SKRIVER DU FOR LIV

1. LÆS SAGERNE

De er fra fire lande, og der er informationssider, der fortæller deres historier. Dyk ned i dem (s. 10-17).

2. LAV DIT EGET BREV

Vi har sendt nogle blanke postkort, som du kan pynte, som du vil - du kan også bruge postkort eller brevpapir, du selv vælger.

3. SKRIV DIT BREV

Der er to typer breve, du kan skrive:

Et er til en regering eller anden autoritet: det er **appelbrevet**. Det er til den autoritetsperson, vi lægger pres på, for at få overtalt vedkommende til at hjælpe personen, eller personerne, i sagen.

Det andet er et **solidaritetsbrev** til den person, vi ønsker at hjælpe, eller nogen tæt på personen. Dette er din mulighed for at skrive en personlig besked, der viser din støtte. Du er også meget velkommen til at tegne - vær endelig kreativ.

4. BRUG BREVEKSEMPLERNE, HVIS DU HAR BRUG FOR INSPIRATION

I denne guide er der fire breveksempler på appellbreve. Dem kan du enten kopiere i din egen håndskrift (super!) eller omskrive og tilføje dine egne ord (endnu bedre!). Find dem på side 18-19.

5. SEND BREVENE TIL OS

Du har skrevet til magthaverne eller en der virkelig har brug for din støtte lige nu. Husk at komme dine breve i en konvolut, sæt frimærke på og send det til os. Husk at få afsender på (dit navn) og få dem sendt inden udgangen af 2023.

Dine ord redder liv.
Tak!

ADRESSE:

Amnesty International,
Att: Skriv for Liv
Gammeltorv 8, 5. sal
1457 København K



1. READ THE STORIES

They are from 4 countries, and you will find information sheets, summarizing their stories. Take a look (p. 10-17).

2. MAKE YOUR OWN LETTER

We have sent you some blank postcards that you can decorate in any way you like - or use a postcard or letter you choose.

3. WRITE YOUR LETTERS

You can choose two kinds of letters:

One is to a government or similar authority: that's the **appeal letter**. This is the person in authority we are trying to persuade to help the person or people featured in that case.

The second is for a **solidarity letter** to the person we want to help, or someone they are close to. This is your chance to write them a personal message of friendship or support. Feel free to draw pictures – be creative.

4. USE THE SAMPLE TARGET LETTERS IF YOU NEED THEM

This guide contains 4 sample letters to your target. You can either copy these out in your own handwriting (great!), or rewrite them, adding your own words (even better!). Find them on page 18-19.

5. POST YOUR LETTERS TO US

You've written to an authority or to someone who really needs your support right now. Please remember to put that letter in an envelope, stamp it and send it on its way to us. Remember to put your name on the envelope and send them before the end of 2023.



Your words will change someone's life.
Thank you!



ROCKY MYERS

USA

30 år på dødsgangen trods uretfærdig retssag

Rocky Myers bliver beskrevet som mild og venlig af dem, der kender ham. Han elsker sine søskende, børn og børnebørn, og de elsker ham. Han spiller trommer i sit kirkekor. I en alder af 11 år blev Rocky diagnosticeret med et intellektuelt handicap. Han har svært ved at læse og kan ikke holde styr på datoer eller tiden. En nat i 1991 i byen Decatur i Alabama, blev hans liv ændret for altid.

En ældre hvid kvinde blev myrdet i et overvejende sort nabolag. Rocky, som er sort, boede på den anden side af gaden. Det eneste, der forbandt ham med mordstedet, var en videoafspiller, der tilhørte den myrdede. Rocky vedholder, at han fandt den efterladt på gaden, men han blev alligevel dømt for mordet.

Vidneforklaringerne var præget af manglende sammenhæng og anklager om politipres. Et hovedvidne udtalte senere, at han havde løjet. En overvejende hvid jury fandt ham skyldig, men anbefalede fængsel på livstid. Dommeren underkendte juryen og dømte Rocky til døden - en praksis, som er ulovlig i dag i Alabama.

USA's højesteret fandt, at anklagede med svære intellektuelle handicap "er i særlig

Hjælp Rocky Myers

SKRIV TIL ALABAMAS GUVERNØR

Kræv, at guvernøren bruger sin autoritet til at benåde Rocky Myers og ændrer hans dødsstraf.

ROCKY ER LÅST INDE I EN CELLE UDEN VINDUER. VIS HAM VERDEN VED AT SENDE POSTKORT

Send Rocky postkort eller billeder af, hvor du bor, hvor du er på ferie eller steder, du elsker. Husk, at Rocky har svært ved at læse, så hold din besked enkel og kort.

risiko for at blive uskyldigt henrettet". Dette er i hvert fald sandt for Rocky. Han fik langt fra ordentlig juridisk hjælp, og efter dommen blev han droppet af sin advokat og missede derfor mulighederne for appel. Han kan blive henrettet når som helst, og hans eneste håber, at Alabamas guvernør benåder ham.



Three decades on death row despite flawed proceedings

Rocky Myers is described by those who know him as gentle and kind. He loves his siblings, children, and grandchildren, and they adore him. He played drums in his church choir. At age 11, Rocky was diagnosed with an intellectual disability. He finds reading hard and can't keep dates or times straight in his head. One night in 1991, in the town of Decatur, Alabama, his life changed forever.

An elderly white woman was murdered in a predominantly Black neighbourhood. Rocky, who is Black, lived across the street. Despite no evidence linking him to the scene of the murder, except for a video cassette recorder belonging to the victim which Rocky maintains he found abandoned in the street, Rocky was convicted of the crime.

Testimonies were tainted by inconsistencies and allegations of police pressure – one key witness later stated that he had lied. An overwhelmingly white jury found him guilty but recommended a sentence of life imprisonment. The judge overruled the jury, sentencing Rocky to death – a practice that is now illegal in Alabama.

Help Rocky Myers

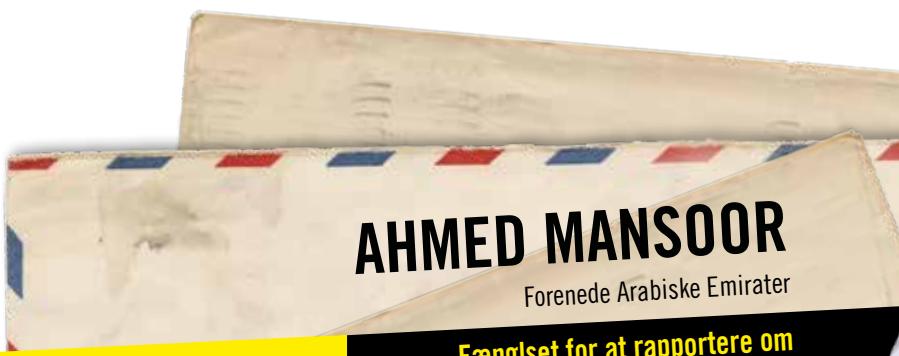
WRITE TO THE GOVERNOR OF ALABAMA

Demand they use their authority to grant clemency to Rocky Myers and commute his death sentence.

LOCKED IN A CELL WITH NO WINDOWS, TAKE ROCKY ON A WORLD TOUR THROUGH POSTCARDS

Send Rocky postcards or pictures of where you live, where you go on holiday, or places you love. Remember, Rocky has a hard time reading, so keep your messages simple.

The US Supreme Court ruled that defendants with intellectual disabilities “face a special risk of wrongful execution”. This is certainly true for Rocky. Burdened with ineffective legal representation and abandoned by his post-conviction lawyer, Rocky missed deadlines for appeal. His execution could be scheduled at any time, and his only hope is for the governor of Alabama to grant him clemency.



Ahmed Mansoor er en kærlig far og mand. Han er poet, blogger og menneskerettighedsforkæmper. Lige nu er han låst inde i en celle i al-Sadr-fænglset i Abu Dhabi i Forenede Arabiske Emirater (FAE). Han bruger sine dage i en isolationscelle - uden adgang til bøger, skriveredskaber eller papir. Han har ikke engang en seng.

Hans forbrydelse? At sige sandheden. Inden hans anholdelse var Ahmed en af de få stemmer i FAE, der kunne give resten af verden valid og uafhængig information om de menneskerettighedskrænkelser, der sker i landet. Han har gentagne gange udtaalt sin bekymring om tilbageholdelser, tortur og uretfærdige rettergange mod de stemmer i landet, der kritiserer styret. Han har talt om problemer i det juridiske system og om national lovgivning, der bryder internationale love.

For dette betaler Ahmed en meget høj pris. I marts 2017 brød FAE-styrker ind i hans hjem og arrestede ham. I over et år har ingen, ikke engang hans familie, vidst, hvor han blev holdt fanget. I maj 2018 blev Ahmed dømt til ti år i fængsel for at "fornærme FAE og dets symboler".

Fænglset for at rapportere om
menneskerettighedskrænkelser

Hjælp Ahmed Mansoor

SKRIV TL SHEIKH MOHAMED BIN ZAYED BIN SULTAN AL NAHYAN

Fortæl ham, at Ahmed Mansoor skal løslades øjeblikket og uden forbehold, da han er fængslet udelukkende på baggrund af sin fredelige menneskerettighedsaktivisme.

FORTÆL AHMED, AT HAN IKKE ER GLEMT

Send ham en solidaritetsbesked med støtte og håb.

I protest mod forholdene i fængslet har Ahmed to gange sultestrejket, hvor han tabte sig så meget, at han var i livsfare. På trods af dette har han kun lov til at gå uden for tre gange om ugen, når betjentene har fjernet alle andre fanger fra gården, så Ahmed bruger den smule tid, han har i solen, alene.



Locked up for speaking truth to power

Ahmed Mansoor is a loving father and husband. He's a poet, blogger, and human rights defender. Right now, he is locked away in a cell in Sadr prison, Abu Dhabi, United Arab Emirates. He spends his days in an isolation cell, with no access to books, pens or paper. He does not even have a bed.

His crime? Speaking the truth. Before his arrest, Ahmed was one of the few voices within the UAE providing the rest of the world with credible independent information about human rights violations in the country. He regularly raised concerns about the detention, torture and unfair trials of dissenting voices. He spoke about problems with the justice system and of domestic laws that breach international ones.

For this Ahmed is paying a high price. In March 2017, UAE security forces raided his home and arrested him. For over a year, no one, not even his family, knew where he was detained. In May 2018, Ahmed was sentenced to a decade in prison on charges including "insulting the UAE and its symbols".

Protesting about his prison conditions,

Help Ahmed Mansoor

CONTACT SHEIKH MOHAMED BIN ZAYED BIN SULTAN AL NAHYAN

Tell him that Ahmed Mansoor must be immediately and unconditionally released, as he has been imprisoned solely for his peaceful human rights activism.

HELP KEEP AHMED'S SPIRIT ALIVE

Send him your message of solidarity and hope.

Ahmed has twice resorted to hunger strikes, losing dangerous amounts of weight and putting his life at risk. Despite this he is only allowed outside three times a week, when guards remove all other prisoners from the yard and Ahmed spends the little time he has in the sunlight, alone.





JUSTYNA WYDRZYŃSKA

Polen

Retsforfulgt for at kæmpe for sikre aborter

Justyna Wydrzyńska's egen oplevelse med en abort uden støtte eller adgang til pålidelig information gav hende styrke og motivation til at hjælpe andre tage et informeret valg. Justyna er medstifter af Abortion Dream Team, et aktivistisk kollektiv, der kæmper mod abortstigmaet og tilbyder råd til, hvordan man kan få en sikker abort i Polen, hvor abortlovene er blandt de strengeste og mest restriktive i Europa.

I februar 2020 blev Justyna sat i kontakt med Ania (ikke hendes rigtige navn). Ania var i et voldigt forhold, gravid og desperat. Hun sagde, at hun hellere ville dø end at fortsætte graviditeten. Justyna, som selv har overlevet et voldeligt forhold, vidste, at hun skulle hjælpe. Hun sendte Ania sine egne abortpiller med posten, men Anias partner fik fat i pakken først og kontaktede politiet, som konfiskerede pillerne.

I november 2022 blev Justyna anklaget af statsanklageren for at "hjælpe med en abort". I marts 2023 blev hun fundet skyldig og dømt til otte måneders samfundstjeneste. Hendes advokater har appelleret dommen.

Justynas dom sætter en farlig præsedens. Uden den støtte og pålidelige information,



Hjælp Justyna Wydrzyńska

SKRIV TIL STATSANKLAGEREN

Fortæl, at du mener, at statsanklageren skal gøre alt for at sikre, at Justynas uretfærdige dom bliver omstødt, og at der ikke bliver bragt nye anklager mod hende for hendes lovlige menneskerettighedsarbejde.

VÆR MED TIL AT OPMUNTRE JUSTYNA

Send hende en solidaritetshilsen med håb.

som hun og andre aktivister formidler, vil folk som Ania være alene og uden adgang til sikre aborter.

Justyna viser sit mod på trods af den fjendtlighed, hun møder, og udtales: "Jeg var drevet af viljen til at hjælpe, når ingen andre ville eller kunne. I mine øjne var dét at hjælpe Ania det åbenlyse, ordentlige og ærlige at gøre."



Prosecuted for defending safe abortion

Justyna Wydrzyńska's own abortion experience, with no support or access to reliable information, gave her the strength and motivation to help others make informed decisions about their reproductive lives. Justyna co-founded Abortion Dream Team, an activist collective campaigning against abortion stigma and offering advice on accessing safe abortion in Poland, where abortion laws are among the most restrictive in Europe.

In February 2020, Justyna was put in contact with Ania (not her real name). Ania was in an abusive relationship, pregnant and desperate, saying she would rather die than continue with her pregnancy. Justyna, a survivor of a violent relationship herself, knew she had to help. She sent Ania her own abortion pills through the post, but Ania's partner intercepted the package and contacted the police, who confiscated the pills.

In November 2022, the public prosecutor brought charges against Justyna for "helping with an abortion". In March 2023, she was found guilty and sentenced to eight months community service. Her lawyers have appealed.

Help Justyna Wydrzyńska

WRITE TO THE PROSECUTOR GENERAL

Tell them to take all necessary measures to ensure that Justyna's unjust conviction is overturned and to refrain from bringing any other charges against her for carrying out her legitimate defence of human rights.

HELP KEEP JUSTYNA'S SPIRIT STRONG

Send her your message of solidarity and hope.

Justyna's conviction sets a dangerous precedent. Without the support and trustworthy information that she and other activists provide, people like Ania would be alone and without access to safe abortion.

Demonstrating her courage in spite of the hostility she faces, Justyna says: "I was driven by the will to help when no one else wanted to or could help. For me, helping Ania was an obvious, decent, and honest thing to do."



ONKEL PABAI & ONKEL PAUL

Australien

Kæmper for at redde deres forfædres landområder



Onkel Pabai og Onkel Paul er samfundsledere fra Guda Maluyligal Nation i Torres Strait i den nordligste del af Australien. Deres forfædre har boet på øerne i tusinder af år.

På grund af klimaændringerne risikerer deres levestil, traditionelle videnssystem, kultur og spirituelle forbindelser, der er blevet overleveret gennem generationer, at blive ødelagt for altid. Stigende vandstande forårsager flere og flere ødelæggelser hvert år. Strandene eroдерer, og hellige kulturelle steder og gravsteder, hvor forfædrene er begravet, bliver ødelagt. Det samme gør køkkenhaver og generelt er øernes infrastruktur i fare.

Onkel Pabai og Onkel Paul, som bliver tiltalt ”onkel” af deres samfund som et tegn på respekt, har taget kampen op i retten. De argumenterer for, at den australske regering ikke har handlet tilstrækkeligt for at forhindre skader fra klimaændringerne, hvilket resulterer i ødelæggelse af deres områder og kultur.

Hvis ikke der bliver handlet nu, er mange øboere i Torres Strait nødsaget til at forlade deres hjemsted, da områderne bliver

Hjælp Onkel Pabai & Onkel Paul

SKRIV TIL PREMIERMINISTEREN

Kræv, at det oprindelige folk i Torres Strait får beskyttet deres rettigheder ved en hurtig reduktion af kulstofudledningerne i overensstemmelse med verdensmålet om at begrænse den globale opvarmning til 1.5 C°.

VIS ONKEL PABAI, ONKEL PAUL OG DERES SAMFUND, AT DU STØTTER DEM

Send en solidaritetsbesked til folket af Torres Strait og vis dem, at du støtter dem i deres kamp for at beskytte deres hjemland.

ubeboelige. Dette ville være ødelæggende for deres samfund. Som Onkel Pabai siger: ”Vi er født til disse øer. De er vores mødre, vores identitet, hvem vi er. I tusinder af år har vores krigarfamilier kæmpet mod alle, der har prøvet af tage vores hjem fra os. Men nu risikerer vi at tage kampen til klimaændringerne.”



Fighting to save their ancestral lands

Uncle Pabai and Uncle Paul are community leaders from the Guda Maluyligal Nation at the northernmost part of Australia in the Torres Strait. Their Indigenous ancestors have lived on the islands for thousands of years.

Now, because of climate change, their way of life, traditional knowledge systems, cultural practices and spiritual connections that have been passed down from generation to generation could be broken forever. Rising sea levels are causing more destruction each year by eroding beaches, destroying sacred cultural sites and cemeteries where ancestors are buried, wrecking food gardens, and putting the islands' infrastructure at risk.

Uncle Pabai and Uncle Paul, who are referred to as "uncle" by their communities as a sign of respect, have turned to the courts. They argue that the Australian government is taking insufficient action to prevent harm from climate change, resulting in the destruction of their lands and culture.

Unless urgent action is taken, many Torres

Help Uncle Pabai & Uncle Paul

WRITE TO THE PRIME MINISTER

Demand the rights of First Nations communities in the Torres Strait are protected, by rapidly reducing carbon emissions in line with the world commitment of limiting global warming to 1.5°C in line with the best available scientific research.

SHOW UNCLE PABAI, UNCLE PAUL AND THEIR COMMUNITIES THAT YOU SUPPORT THEM

Send your messages of support to show the peoples of the Torres Strait that you support them in their fight to protect their island homes.

Strait islanders will be forced to leave their homelands as large parts become uninhabitable. This would be devastating to the communities. As Uncle Pabai says: "We are born to these islands, they are our mothers, our identities, who we are. For thousands of years, our warrior families fought off anyone who tried to take our homelands from us. But now, we could lose the fight to climate change."



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Her kan du se fire eksempler på appell breve, som du kan skrive til magthaverne - du kan også finde, og printe dem på amnesty.dk/skriv-for-liv

Your Highness

I call on you to immediately and unconditionally release Ahmed Mansoor and to quash his sentence and conviction, as he has been imprisoned solely for his peaceful human rights activism. Pending his release, he should be detained in conditions that comply with international standards and must not be subjected to torture or other ill-treatment. He must be granted immediate and regular access to his family and any healthcare he may require.

Yours sincerely



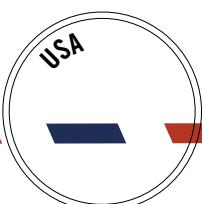
Dear Governor

I urge you to use your power to grant clemency to Rocky Myers and commute his death sentence.

Rocky Myers's trial was flawed, with inconsistent testimonies and allegations of police pressure. One key witness against him later recanted his testimony, stating that he had lied. The overwhelmingly white jury recommended a sentence of life imprisonment, yet the judge sentenced Rocky Myers to death. This practice is now illegal in Alabama.

Rocky Myers was burdened with ineffective legal representation and abandoned by his post-conviction lawyer, meaning he unknowingly missed deadlines for appeal. He also has an intellectual disability. Please do not let Rocky Myers be executed.

Yours sincerely





Here you find four sample target letters. You can also find them ready to print on amnesty.dk/skriv-for-liv

Dear Prosecutor General

I call on you to take all necessary measures to ensure that Justyna Wydrzyńska's unjust conviction is overturned and to refrain from bringing any other charges against her for carrying out her legitimate defence of human rights.
Justyna and other activists provide essential support and trustworthy information to women seeking the healthcare they are entitled to. She was convicted for helping a woman in an abusive relationship access a safe abortion. Her conviction sets a dangerous precedent.

Yours sincerely

AUSTRALIEN

Dear Prime Minister

To protect the Torres Strait Islands and the human rights of First Nations Peoples, I call on your government to take adequate and human rights-consistent climate action by rapidly reducing carbon emissions in line with the world commitment of limiting global warming to 1.5°C and in line with the best available scientific research.
Your government currently states that by 2030 it will reduce emissions 43% below 2005 levels. This is not enough to save the Torres Strait Islands. Leading climate scientists on the Climate Targets Panel calculate Australia's greenhouse emissions need to be reduced by 74% by 2030.

Yours sincerely

POLEN



HVORFOR BETYDER SOLIDARITET NOGET?



Du tænker måske, at det ikke vil gøre en forskel at skrive til en, du ikke kender, eller at de slet ikke får dit brev. Men når du er fængslet og frygter for dit liv, fordi du har påtalt uretfærdigheder, så betyder det meget at der er nogen, der tror på dig. Hvemend du skriver til, så husk, at det betyder meget for dem. De føler sig måske bange og alene, og dine ord vil give dem støtte og håb.

De tusindvis af beskeder, hun modtog i 2022, gav sanger & sangskriver Aleksandra Skochilenko en følelse af at blive omfavnet af et globalt netværk af allierede, der stillede sig sammen efter hendes fængsling for at være imod Ruslands krig mod Ukraine. Aleksandra, eller Sasha, som hun bliver kaldt, blev anklaget for "offentlig formidling af falsk information om Ruslands brug af militære midler" - en helt nye paragraf, der blev tilføjet af den Russiske regering i marts 2022, i et forsøg på at forhindre det russiske folk i at kritisere invasionen af Ukraine. Hun havde erstattet prisskilte i sit lokale supermarked i Sant Petersborg, med små informationsskilte om invasionen.

Efter kampagnen har Aleksandras advokat sendt denne besked på hendes vegne:

"Jeg takker jer af hele mit hjerte for jeres støtte til Sasha. Jeres opmærksomhed varmer os i denne svære tid og gør, at vi ikke føler os så alene... Hun sender et stort hej og tak for postkortene! Der kom en masse postkort fra Amnesty International; tak for den følelse det har givet hende!"

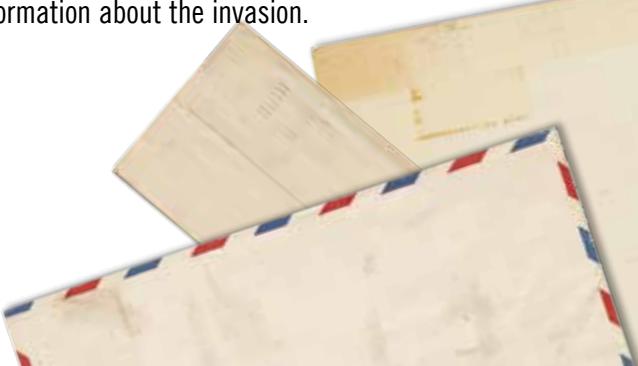




WHY DOES SOLIDARITY MATTER?

You might think that writing to someone you don't know will make no difference, or that they won't want to hear from you. But when you're locked up or in fear for your life for calling out injustice, having someone tell you they believe in you matters a lot. Whoever you choose to write to, remember that they will love to hear from you. They may feel anxious and alone, and your words will bring comfort and hope to them.

Through the thousands of messages she received in 2022, singer songwriter Aleksandra Skochilenko felt the embrace of a global community of allies, spurring her on after she was imprisoned in Russia for opposing the war in Ukraine. Aleksandra, or Sasha as she is known, was charged with “public dissemination of knowingly false information about the use of the Armed Forces of the Russian Federation” – a new article of the criminal code hastily introduced by the Russian government in March 2022 to try and stop Russian people criticizing the invasion of Ukraine. She replaced price tags in a local supermarket in Saint Petersburg with little paper labels containing information about the invasion.

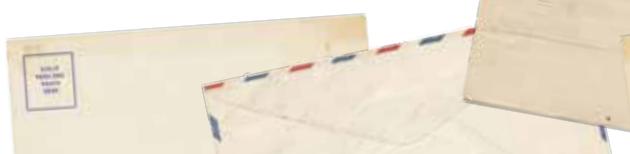


Following the campaign, Aleksandra's lawyer sent this message on her behalf:

“I wholeheartedly thank you for your support for Sasha. Your attention warms us up at this difficult time and lets us feel that we are not left alone... She sends you a big hello and thanks for the postcards! A lot of postcards came from Amnesty International; thank you for the emotions that you give her!”



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Her kan du se nogle eksempler på solidaritetsbreve, som du kan lade dig inspirere af, når du skal skrive dine egne.

Dear Chow Hang-Tung

I am writing you a letter because I heard about Your unfair charge about sharing Your thoughts about demonstrations. I simply can not understand Why stuff like this is still happening in 2022, and I really hope you get out as soon as possible and I hope you're doing fine.

I don't Know you or Your past But i hope everything gets better for you and goes back to normal.

This is a letter of solidarity But i wanted to let you Know that help is on the Way.

Hugs from Marie:)

Chow Hang-Tung

DEAR CHOW HANG-TUNG
IT IS NOT FAIR THAT YOU HAVE
BEEN SENT TO PRISON. YOU
HAVE TO KNOW THAT THE WORLD
APPRECIATES PEOPLE LIKE YOU
WHO ARE NOT AFRAID TO
STAND UP FOR WHAT THEY KNOW
IS RIGHT ♡
GREETINGS FROM DENMARK - MALENE

free Moham
Baker





Here you find examples of solidarity letters, that you can be inspired by when you write your own solidarity letters.

Ed by the way have heard that
you really likes cats. I unfortunately
don't have any, but i do have two dogs,
one of them which i got just two
days ago.

The little: Simba
The bigger: Baloo



Ed

DEAR CHOW

You are not forgotten,
so many people are
dighting for you and
your release.

I admire you courage
BE BRAVE ❤️❤️❤️

LOTS OF
LOVE AND WARM
FROM DENMARK
Heidi



amnesty.dk/skriv-for-liv